



SUGAR SMART CITY: What's happened so far?

December 2015 – March 2016

Primary schools

30 held a **sugar assembly** and promoted the SUGAR SMART challenge




7 have had **cooking lessons** for parents



Brighton & Hove **FOOD Partnership**

24 have achieved the **healthy choice AWARD** for their **Breakfast Club**




26 primary schools have signed up to the **Jamie Oliver's kitchen garden project**



Eden have **reduced sugar** in school meals



2 events have been held to help schools take a whole school approach to Food Education




150 food outlets been in contact and **70** of these are making **one or more** SUGAR SMART Commitments, including:

59 are promoting **free** drinking water



13 are altering recipes to contain less sugar



24 are using pricing and promotions to influence healthier choices, such as adopting the **CHILDREN'S HEALTH FUND** levy



7 have trained catering staff to raise knowledge about healthier catering



29 are offering healthier options



14 are reducing soft drink portion sizes



14 promoting SUGAR SMART to customers




We're also starting work across the city in venues, sport and leisure settings, hospitals, secondary schools, colleges and universities.



Keep up to date at www.brighton-hove.gov.uk/sugarsmart

Spotlight on action


Sussex County Cricket Club



Raising awareness:
Adding a 20p levy to the cost of sugary drinks with funds raised going to the Sussex Cricket Foundation

Changing the food environment:
Introducing healthy and low sugar children's lunch packs

Educating:
Promoting SUGAR SMART messages during school Match Visits



Brighton & Hove City Council