

Welcome to Brighton & Hove Love Parks Week

Friday 14 to Sunday 23 July 2017



Friday 14 July

- **Stanmer Park**

Walking, cycling or riding in Stanmer Park?
Send an image of your favourite view, tell us
about your favourite walk or cycle ride.

Twitter @brightonhoveCC #loveparksstanmer

Email: parksprojects@brighton-hove.gov.uk

Saturday 15 July

- **Stanmer Park**

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- **Queens Park Pond clearing and litter picking - cancelled**

Sorry, we've had to cancel the pond clearing event due to staff illness.

- **Sheepcote Valley Butterfly Walk
12 noon-2:30pm**

Join the Friends of Sheepcote Valley and ranger Paul for an easy stroll around the valley, looking out for butterflies and lots of other wildlife. Also meet our conservation grazing flock in action. Meet outside Dotties Cafe in East Brighton Park.

Sunday 16 July

- **Stanmer Park**

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about your favourite walk or cycle ride.

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Monday 17 July

- **Stanmer Park**

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- **Preston Park Healthwalk – 10am**

Easy/beginners walk
A friendly popular Health walk 1.5 mile walk around the city's biggest park. Meet at the Rotunda Café, Stanford Avenue end of the park. Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.

- **St Ann's Well Gardens Healthwalk 2pm**

Easy/beginners walk
Explore this lovely city centre park with this perfect beginners walk. Includes a pick up from Wavertree House at 1.30pm
Meet by the Garden Café
Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.

Tuesday 18 July

- **Stanmer Park**

Walking, cycling or riding in Stanmer Park?
Send an image of your favourite view, tell us about your favourite walk or cycle ride.
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- **Whitehawk Hill Volunteers 10am**

Meet at top of manor Hill – where the race course crosses the road. Volunteers will helping erect sheep fences and clearance work at Whitehawk Hill. Please email Paul if you wish to attend Paul.gorridge@brighton-hove.gov.uk

- **Kipling Gardens, Rottingdean 9.30am-1pm**

Join Evan the Garden Manager and garden volunteers for a gardening morning in the Gardens. New Volunteers Welcome, please wear sturdy shoes.

- **Preston Park Walled Garden Volunteers 10am-1pm**

Join George the Garden Manager and garden volunteers for a gardening morning in the Preston Park Walled Garden. New volunteers welcome, please wear sturdy shoes.

Wednesday 19 July

- **Stanmer Park**

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- **Preston Park Rockery Garden Volunteers 10am-1pm**

Join Andy the Garden Manager and garden volunteers for a gardening morning at the Preston Park Rockery. New Volunteers Welcome, please wear sturdy shoes.

- **Sheepcote Valley Healthwalk 10.15am**

Moderate/challenging walk
Enjoy panoramic views and a wealth of wildlife. Meet at Dotties Café, East Brighton Park, off Wilson Avenue 3 miles.
Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.

- **Play Tiger Community Play Sessions The Level 10.30am-12noon**

Join us for a wide range of creative and active play for under 5's. The sessions are open access, inclusive and free of charge. Parents/carers must stay in attendance.

- **Play Tiger Community Play Sessions Whitehawk Park 3.30pm- 5pm**

Join the Play Tigers for a wide range of creative and active play. The sessions are open access, inclusive and free of charge. Parents/carers must stay in attendance.

Thursday 20 July

- **Stanmer Park**

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- **The Level Gardening Cub
10.30am-12noon**

Join Steve the Garden Manager and garden volunteers for a gardening morning at The Level Café .New Volunteers Welcome, please wear sturdy shoes

- **Hove Park Healthwalk 10am**

Easy/beginners walk.A great walk for beginners and those wanting gentle exercise. Meet at the café. Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.

- **Stanmer Park Healthwalk 11am**

Moderate/challenging walk.
A 3 mile country walk through Millbank wood, finishing at the village tea rooms.
Meet at the Lodge park gates Stoney Mere Way off Lewes Road 3 or 5 miles
Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.

- **Play Tiger Community Play Sessions Wish Park 10.30 am-12noon**

Join us for a wide range of creative and active play for under 5's. The sessions are open access, inclusive and free of charge
Parents/carers must stay in attendance.

Friday 21 July

- **Stanmer Park**

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Send an image of your favourite view, tell us about your favourite walk or cycle ride.
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- **CityParks Ranger Volunteers
Withdean Stadium Woods 10am**

Volunteer workday at Withdean Stadium woods, meet at the main entrance to the woods on Withdean Road .Please email :- Cityparks.volunteers@brighton-hove.gov.uk for more information

- **Play Tiger Community Play Sessions
Saltdean Oval 10.30am-12noon**

Join us for a wide range of creative and active play for under 5's. The sessions are open access, inclusive and free of charge.
Parents/carers must stay in attendance.

Saturday 22 July

- **Stanmer Park**

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- **Friends of St Ann's Well Gardens
Volunteer workday 2pm**

Meet by The Well .Please email- Cityparks.volunteers@brighton-hove.gov.uk for more information.

- **Preston Park Clean Up 10am**

Meet on the field near the Clock Tower
Please email: Cityparks.volunteers@brighton-hove.gov.uk for more information.

<ul style="list-style-type: none"> • Play Tiger Community Play Sessions Hangleton Park 3.30am-5pm <p>Join us for a wide range of creative and active play. The sessions are open access, inclusive and free of charge. Parents/carers must stay in attendance.</p>		
<p>Sunday 23 July</p> <ul style="list-style-type: none"> • Stanmer Park <p>Walking, cycling or riding in Stanmer Park? Send an image of your favourite view, tell us about your favourite walk or cycle ride. Twitter @brightonhoveCC #loveparksstanmer Email: parksprojects@brighton-hove.gov.uk</p> <ul style="list-style-type: none"> • Preston Park Clean Up 10am <p>Meet on the field near the Clock Tower Please email: Cityparks.volunteers@brighton-hove.gov.uk for more information.</p> <ul style="list-style-type: none"> • Stanmer Park Healthwalks 10.45am <p>Moderate/challenging walk. A variety of walks finishing at the Village Tea Rooms. Meet outside the Village Tea Rooms. Bus: 78 to Stanmer Church. 3 - 3.5 miles Please contact before you attend: healthwalks@brighton-hove.gov.uk or call 01273 292574 for more details.</p>	<p>Please note that events may be cancelled if the weather's bad!</p> <p>Contacts:</p> <p>Healthwalks: 01273 292564 Email: healthwalks@brighton-hove.gov.uk www.brighton-hove.ukhealthwalks</p> <p>Cityparks: 01273 292929 Email: cityparks@brighton-hove.gov.uk www.brighton-hove.gov.uk/parks</p>	